

**NATIONAL
CANCER
AWARENESS
WEEK
2025**

CELEBRATED BY

**DEPARTMENT OF PHYSIOLOGY &
MEDICAL ONCOLOGY**

Day	Time	Event
03.11.2025	2:00 to 4:00 PM	Poster Competition
06.11.2025	11:00 AM to 12:00 PM	National Cancer Awareness day Celebrations
06.11.2025	11:00 AM to 12:00 PM	Extension Activity - I
07.11.2025	11:00 AM to 12:00 PM	Hospital Visit
07.11.2025	02:00 to 04:00 PM	Extension Acitivity II
08.11.2025	Vote of Thanks	Oncology Ward Visit

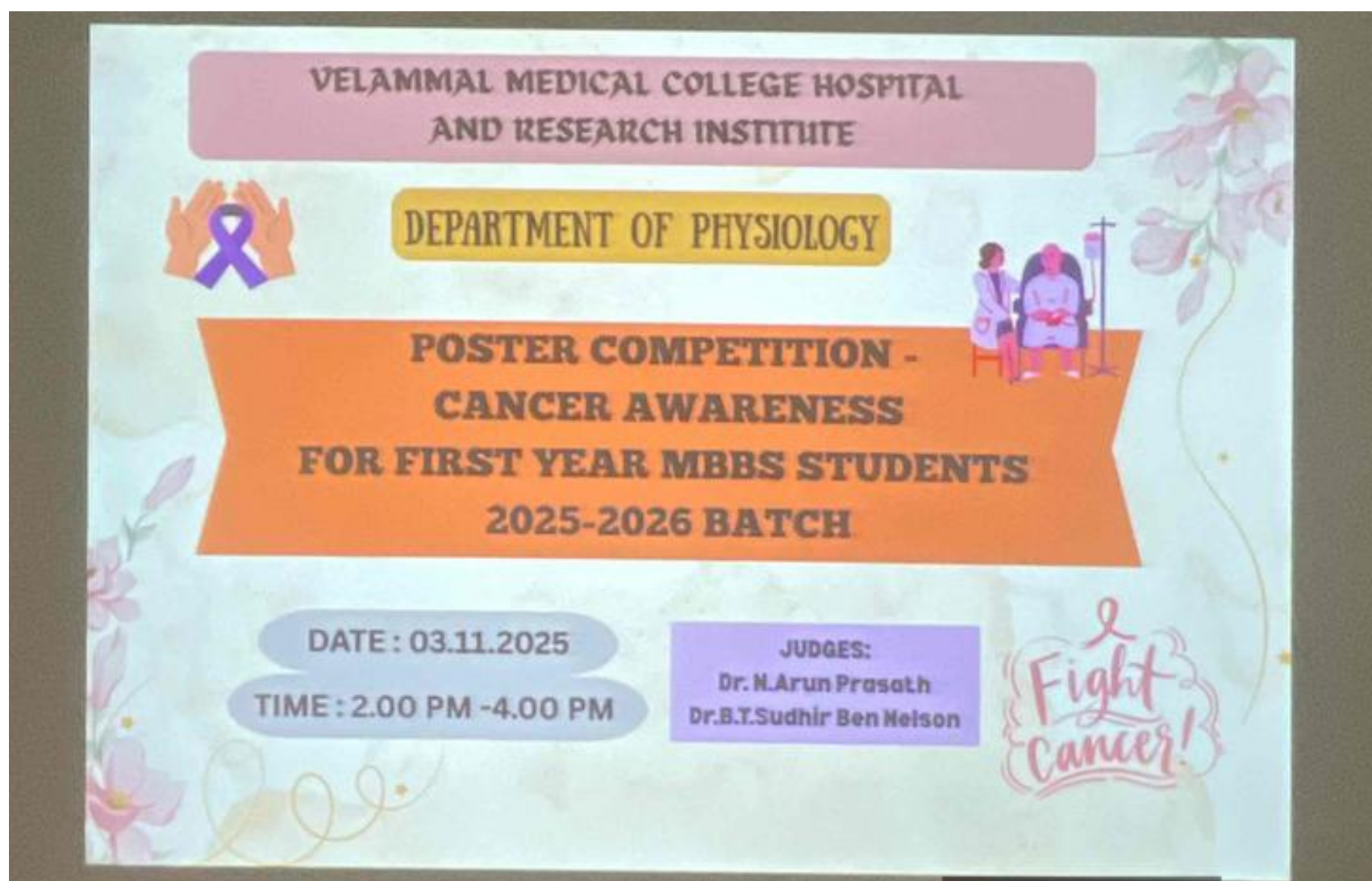
POSTER COMPETITION



DEPARTMENT OF PHYSIOLOGY,
VELAMMAL MEDICAL COLLEGE



11:00 AM TO 12:00 PM



The National Cancer Awareness week kickstarted with Poster Competition for the First Year MBBS students.

POSTER COMPETITION

The poster competition was conducted for First MBBS year students to raise awareness about cancer prevention, early detection, and healthy lifestyle choices through creative visual communication. This serves as a reminder to emphasize their focus on basic science subjects to build their foundational concepts better to contribute to the advanced specialities later in their career.

Lifestyle & Prevention Topics:

1. Tobacco & Cancer
2. Alcohol & Cancer
3. Obesity & Cancer
4. Diet & Cancer
5. Stress & Cancer
6. Sleep & Cancer
7. Physical Activity Prevention
8. Occupational and Environmental Cancers

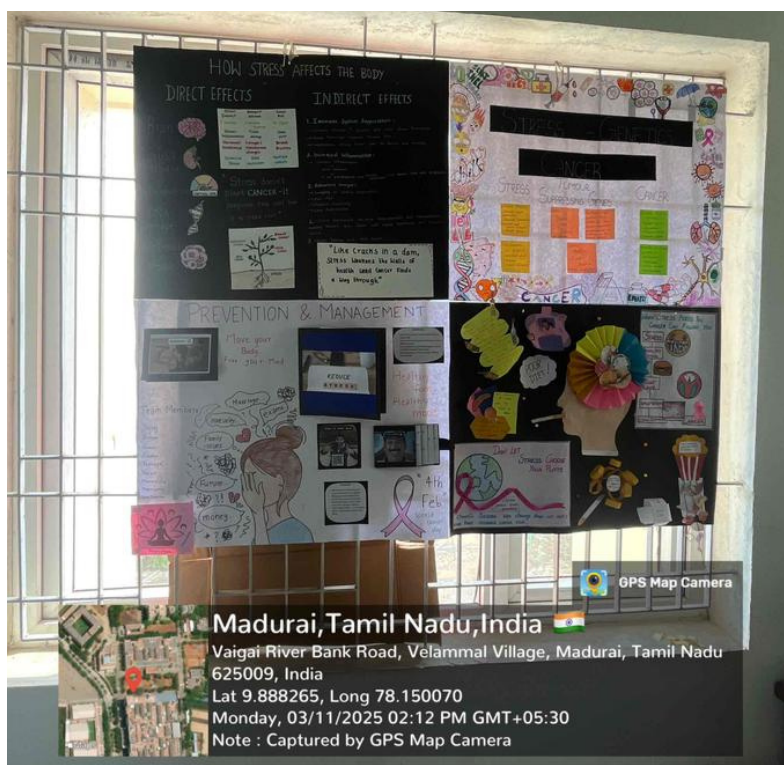
Cancer-Specific Awareness Topics:

9. Cervical Cancer Awareness
10. Breast Cancer Awareness
11. Oral Cancer Awareness
12. Lung Cancer Awareness
13. Colorectal Cancer Awareness
14. Childhood Cancer Awareness

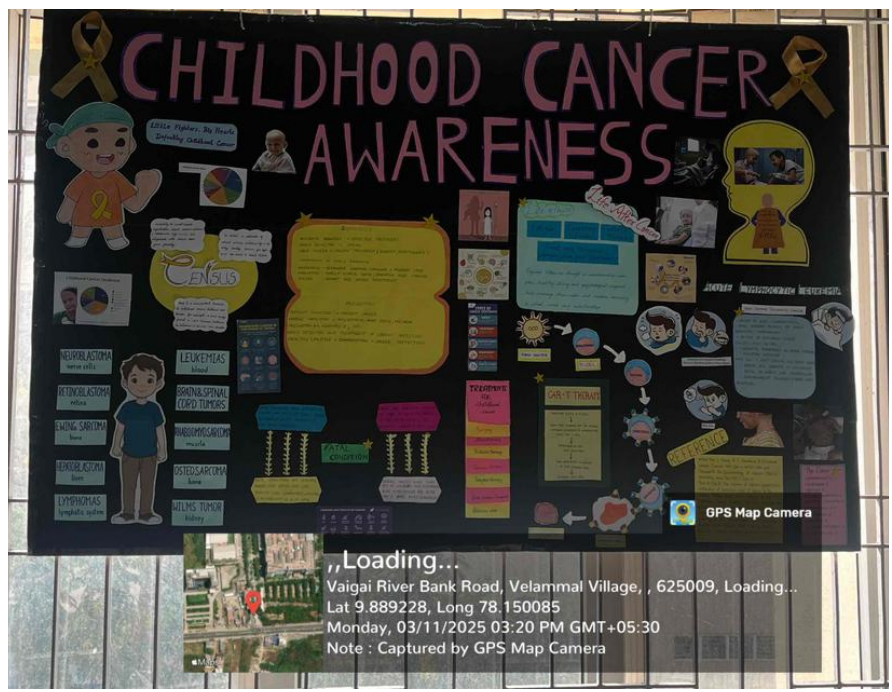
The student posters were displayed in the Amphibian Lecture Hall and Clinical Physiology lab, in the department of Physiology. Dr.Arun Prasath, Consultant Medical Oncologist and Dr.Sudhir, Professor, Community Medicine were the judges for the event



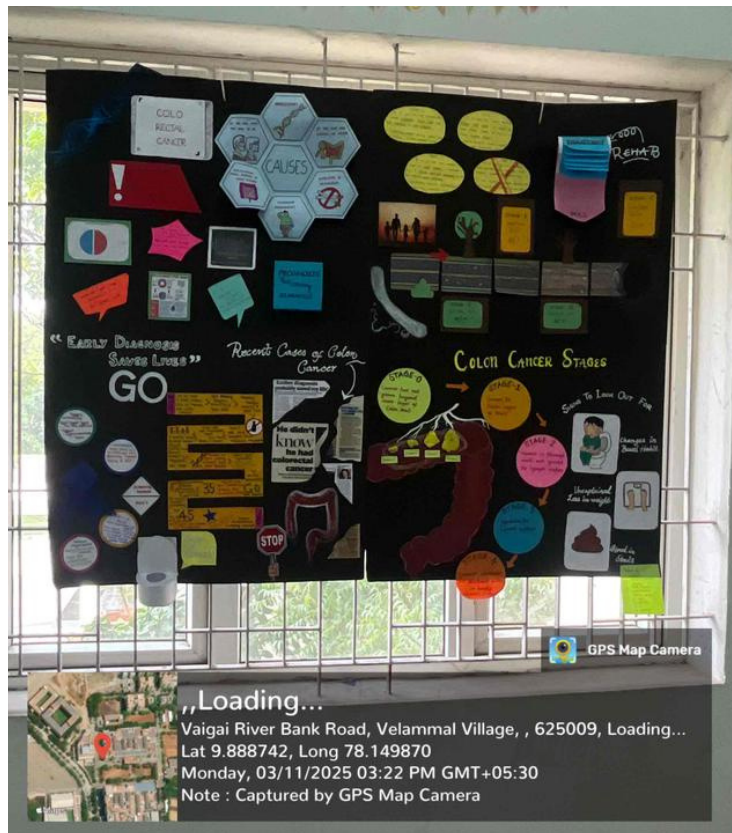
POSTER COMPETITION



POSTER COMPETITION



POSTER COMPETITION



POSTER COMPETITION

Both the judges found it very hard to decide the winners, with every poster presentation going toe to toe with one another. The judges shared a light moment about the event as a whole and about the importance of cancers and their awareness. Dr.Arun sir, talked about the primary,secondary and tertiary prevention, whereas Dr.Sudhir sir, added his two cents about primordial prevention.



POSTER COMPETITION

Dr.Renu Meena handed the certificates to the Judges



NATIONAL CANCER AWARENESS DAY CELEBRATION

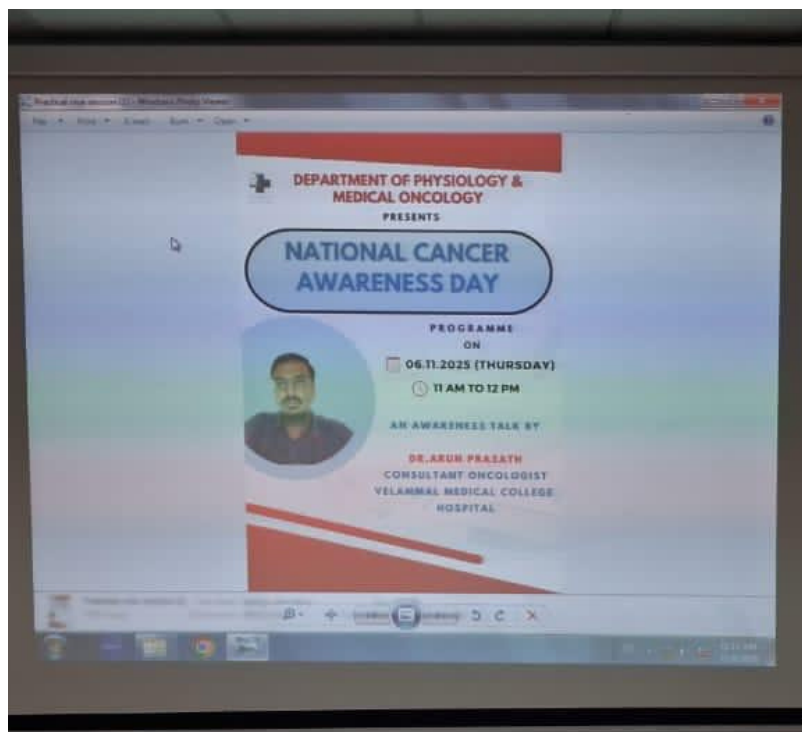


LECTURE HALL 1,
MEDICAL COLLEGE BLOCK



11:00 AM TO 12:00 PM

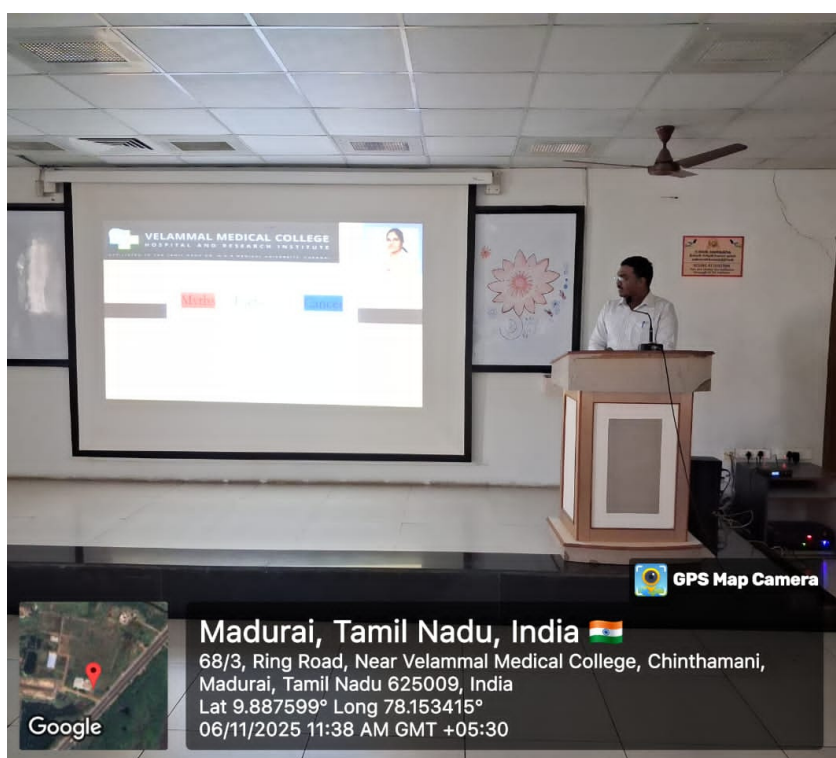
National Cancer Awareness Day, featured, two events. One, an orientation talk by Dr. Arun Prasath, Medical Oncologist, VMCH. The other, an awareness talk at the integrated study center. The main program, started with Welcome Address by Dr. Anu, Professor and HOD, Physiology Department.



Importance of exercise both for Cancer prevention and Cancer rehabilitation was explained with scientifically backed recent data by Dr.Ajit Kumar, Assistant Professor, Department of Physiology.



Keynote speech was delivered by Dr.Arun Prasath, Consultant Medical Oncologist, VMCH to the young budding doctors, the first year MBBS students. He decoded a lot of scientific facts, and demythified the common myths persisting till date about cancer. He also went onto add about the novel anti cancer drugs in the recent times, treating the cancer patients to full recovery in those with initial stages. Thus, entailing the importance of cancer prevention and awareness.



The first year MBBS students acted out a roleplay to increase the cancer awareness among their peers. They did that with a power packed performance, that shuddered the long heigh ceilings with a big awareness blow and leaving almost everyone with a heavy grief of feeling how it feels when the first circle people of ours land up with the woeful diagnosis, “Cancer”.



The session ended with Vote of Thanks by Dr.John Rajpathy, Professor, Department of Physiology, VMCH

EXTENSION ACTIVITY - I



INTEGRATED STUDY CENTER,
ALWARPURAM, MADURAI



11:00 AM TO 12:00 PM



We did an extensionl activity at Integrated Study Center in association with Rotary Club of Midtown Madurai about Cancer awareness among the young literary minds, preparing over here to change the future of our country.

Our assistant professors, Dr.Renu Meena and Dr.Noel Naveen Johnson addressed the students about Cancer and indulged in discussing the queries of the students.



Our students distributed the pamphlets to the students, to propagate the awareness among their kith and kin.



HOSPITAL VISIT



VELAMMAL HOSPITAL



11:00 AM TO 12:00 PM

Our department faculties visited the Hospital Foyer and distributed the Cancer awareness pamphlets to the onrushing patients during the midday.



EXTENSION ACTIVITY - II



VELAMMAL ENGINEERING COLLEGE,
MADURAI



2:00 PM TO 4:00 PM

The welcome address for this session was given by Prof. Rajesh, HOD, Department of Physics, Velammal Engineering College and Information technology. Followed by it, a talk about the 'need of the exercise for Cancer patients' was delivered by Dr. Ajit Kumar, Assistant Professor, Department of Physiology, VMCH & RI to the assembled crowd of First year Engineering students, Engineering College Faculties and non-teaching staff.



Next, the First year MBBS students, demonstrated a 'Roleplay' about Cancer awareness to the gathered audience and everyone enjoyed it.

EXTENSION ACTIVITY



The audience thoroughly enjoyed these sessions, with the strong message behind the ignorance and stigma around cancer being brought out through the wonderful art of acting by the students



EXTENSION ACTIVITY

The keynote session of the day, an awareness talk by Dr.Arun Prasath, medical oncologist, VMCH&RI started with an interactive session, discussing the existing knowledge about cancer among the masses. Sir, went on to discuss in detail about the common cancers, ways to prevent them and the myths and facts surrounding it.



The session was recieved with a thunderous response from the crowd. Then Prof.Rajesh, HOD Physics department felicitated Dr.Arun Prasath, with a certificate.

EXTENSION ACTIVITY

The extended extension activity session ended with a question and answer clearing session for the non-teaching staff.



ONCO WARD VISIT

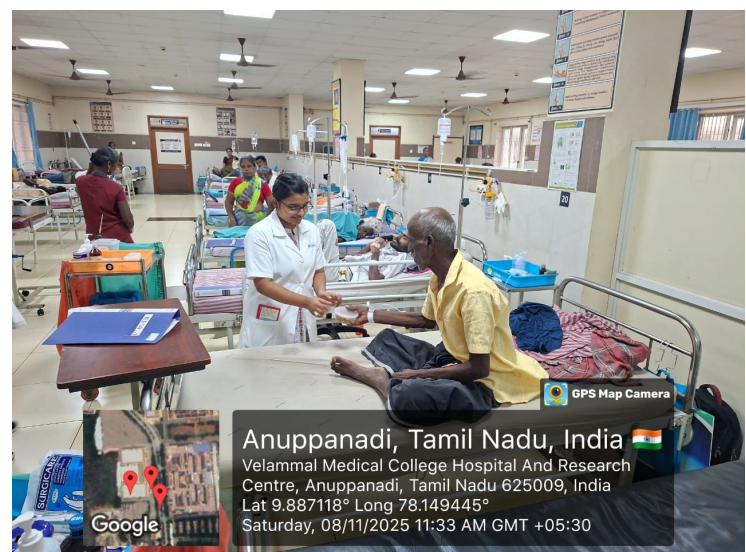
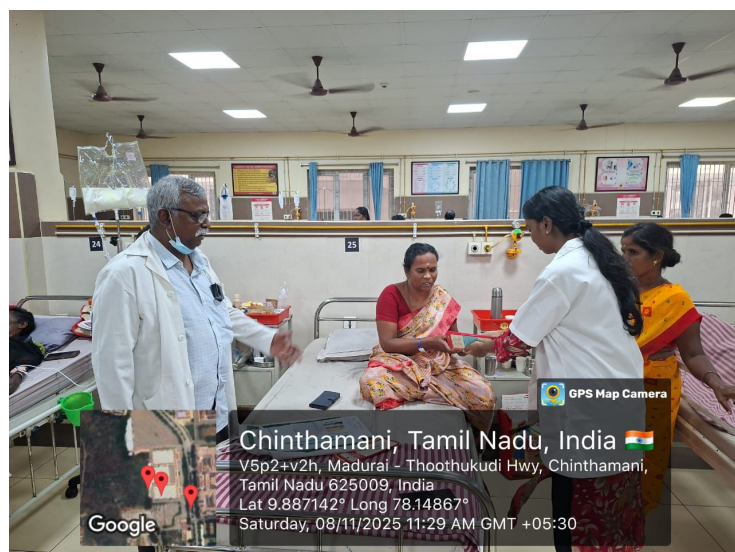


VELAMMAL MEDICAL COLLEGE
HOSPITAL, MADURAI



11:00 AM TO 12:00 PM

The session started with pamphlet distribution to patient attenders in the oncology ward. A little refreshments in the form of Nuts, was given to the patient. Our Respected Dean Dr.Thirunavukkarasu sir graced the occasion



Then a small informative talk on integrating exercise for cancer patients, for their better recovery was delivered by Dr.Ajit Kumar. Students, were showcasing the exercises side by side as the talk went on.



Then, in the seminar room at the same ward, students who had secured the top three prizes in Essay writing competition and poetry competition were felicitated with certificates. Dr.Arun Prasath, Consultant Medical Oncologist, Dr.Praisey, Professor, Department of Medicine and Dr. Gokila Rani, Assistant Professor, Department of Psychiatry also graced the Occasion.

